



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 Morning Fitness AL Act 1:15 Bingo AL Act 2:00 Afternoon Social Parlor 3:30 Trivia with Kjersten AL Act	<b>2</b> 9:15 Coffee in the Parlor 1:15 Uno 2 <sup>nd</sup> Floor Lounge 2:00 Afternoon Social Parlor 2:30 Health & Wellness Nurse's Office	<b>3</b> 9:30 Morning Fitness AL Act 12:45 Conversations with Chaplain Kandace Chapel 1:15 Bingo AL Act 2:00 Afternoon Social in the Parlor 3:00 3 <sup>rd</sup> Floor Manicures with Ally 3 <sup>rd</sup> Floor Lounge	<b>4</b> 9:15 Coffee in the Parlor 9:45 Rosary Video 97.8 9:45 Manicures on 2 <sup>nd</sup> Floor 2:00 Afternoon Social Parlor 3:15 Making Cards with Patty L AL Act	<b>5</b> 9:30 Morning Fitness AL 12:30 Shopping at Cub Act AL entrance 3:00 Sing Along with Todd Parlor	<b>6</b> <i>In house movies are shown on: Mon/Wed/Friday at 12:30pm on Channel 97.8</i>
9:45am Worship Service on Channel 97.9 <b>7</b>  <small>Daylight Saving Time Ends</small>	<b>8</b> 9:30 Morning Fitness AL Act 1:15 Bingo AL Act 2:00 Afternoon Social Parlor 3:30 Brain Teasers with Kjersten AL Act	<b>9</b> 9:00 Coffee in the Parlor <b>1:30 Resident Council Meeting in the AL Act</b> 2:15 Afternoon Social Parlor 2:30 Health & Wellness Nurse's Office <b>5:00 Pizza "dine-in" AL Act Rm must be on sign up list! ☺</b>	<b>10</b> 9:30 Morning Fitness AL Act 12:45 Conversations with Chaplain Kandace Chapel 1:15 Bingo AL Act 2:00 Afternoon Social in the Parlor 3:00 3 <sup>rd</sup> Floor Manicures with Ally 3 <sup>rd</sup> Floor Lounge	<b>11</b> 9:00 Coffee in the Parlor 9:45 Rosary Video 97.8 9:45 Manicures on 2 <sup>nd</sup> Floor <b>1:30 Veteran's Day Service Channel 97.8</b> <b>2:30 Happy Hour Parlor</b> <small>Veterans Day Remembrance Day (Canada)</small>	<b>12</b> 9:30 Morning Fitness AL Act 12:30 Shopping at Cub AL entrance 3:00 Sing Along with Todd Parlor <b>9-4pm Holiday Bazaar in The Heritage Center</b>	<b>13</b>
9:45am Worship Service on Channel 97.9 <b>14</b>	<b>15</b> 9:30 Exercise Video with Nate AL Act 1:15 Bingo with Cindy AL Act 2:00 Afternoon Social with Ally Parlor 3:30 Trivia with Kjersten AL Act	<b>16</b> 9:00 Coffee in the Parlor with Nate Parlor 1:15 Yahtzee with Nate AL Act 2:30 Health & Wellness Nurse's Office	<b>17</b> 9:30 Exercise Video with Nate AL Act 12:45 Conversations with Chaplain Kandace Chapel 1:15 Bingo with Cindy AL Act 3:00 3 <sup>rd</sup> Floor Manicures with Ally 3 <sup>rd</sup> Floor Lounge	<b>18</b> 9:00 Coffee in the Parlor with Nate 9:45 Rosary Video 97.8 9:45 Manicures on 2 <sup>nd</sup> Floor <b>2:00 Vibraphone Concert with Steve Roehm Chapel</b> 3:15 Making Cards with Patty and Chaplain Kandace AL Act	<b>19</b> 9:30 Exercise video with Nate AL Act 12:30 Shopping at Cub AL entrance with Nate 2:00 Bingo with Mary L AL Act	<b>20</b>
9:45am Worship Service on Channel 97.9 <b>21</b>	<b>22</b> 9:30 Morning Fitness AL Act 1:15 Bingo AL Act 2:00 Afternoon Social Parlor 3:30 Trivia with Kjersten AL Act	<b>23</b> 9:00 Coffee in the Parlor 1:15 Uno 2 <sup>nd</sup> Floor Lounge 2:00 Afternoon Social Parlor 2:30 Health & Wellness Nurse's Office	<b>24</b> 9:30 Morning Fitness AL Act 12:45 Conversations with Chaplain Kandace Chapel 1:15 Bingo AL Act <b>2:00 Thanksgiving Eve Service Channel 97.8</b> 3:00 3 <sup>rd</sup> Floor Manicures with Ally 3 <sup>rd</sup> Floor Lounge	<b>25</b> <i>Happy Thanksgiving!</i> activities will resume tomorrow <small>Thanksgiving Day</small>	<b>26</b> 9:30 Morning Fitness AL Act <b>12:30 Shopping at Cub AL entrance</b> 3:00 Holiday Sing Along with Todd Parlor	<b>27</b>
9:45am Worship Service on Channel 97.9 <b>28</b>  <small>Hanukkah Begins</small>	<b>29</b> 9:30 Morning Fitness AL Act 1:15 Bingo AL Act 2:00 Afternoon Social Parlor 3:30 Brain Teasers with Kjersten AL Act	<b>30</b> 9:00 Coffee in the Parlor 1:15 Yahtzee 3 <sup>rd</sup> Floor Lounge 2:00 Afternoon Social Parlor 2:30 Health & Wellness Nurse's Office	 <h1>November 2021</h1> Giving thanks - for all we hold dear!			

Any questions regarding activities – please call Todd Lines at extension: 7974